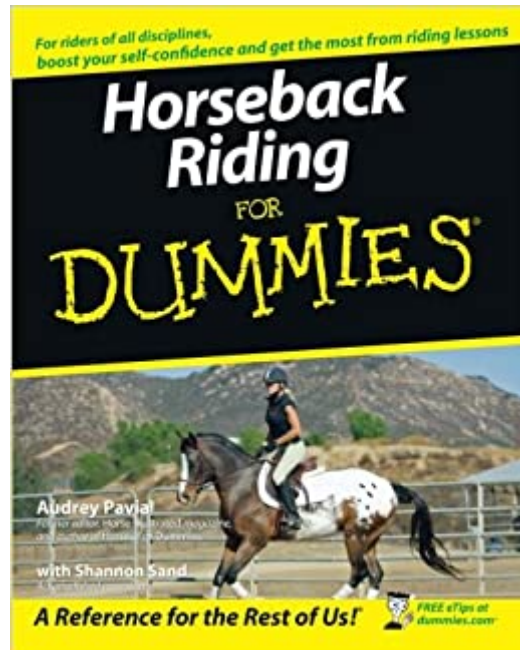




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Horseback Riding For Dummies



Synopsis

You've always dreamed of riding horses. So what are you waiting for? It's time you realized your equestrian dreams and learned to ride like a pro on the back of a noble steed. And *Horseback Riding for Dummies* shows you how. Don't know a horse's head from its tail, a trot from a canter, withers from a fetlock? No problem. Coauthored by a medal-winning equestrian and nationally respected equestrian trainer, it tells you what you need to know about that elegant animal, body and soul, to become an accomplished rider. And it trains you in all the technical basics of riding for fun or competition, including how to:

- Find a good stable and instructor
- Select riding gear
- Warm up and keep riding muscles fit
- Establish a rapport with a horse
- Cue a horse to walk, jog, trot, lope, and canter
- Ride in the ring and on trails
- Improve your balance and timing
- Compete in horse shows
- Buy and care for your own horse

Stop dreaming about it and learn to ride like the wind with *Horseback Riding for Dummies*—the ultimate beginner's guide to all things equestrian.

Book Information

Paperback: 388 pages

Publisher: For Dummies; 1 edition (April 30, 2007)

Language: English

ISBN-10: 0470097191

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Product Dimensions: 7.2 x 0.9 x 9.1 inches

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Average Customer Review: 4.4 out of 5 stars 49 customer reviews

Best Sellers Rank: #216,160 in Books (See Top 100 in Books) #191 in [Books > Crafts, Hobbies & Home > Pets & Animal Care > Horses > Riding](#) #194 in [Books > Sports & Outdoors > Individual Sports > Horses > Equestrian](#)

Customer Reviews

Tips on warming up, improving control, and staying safe Get to know your horse and communicate with him Hooked on horses? Ready to ride? This easy-to-follow guide is all you need to settle in the saddle and start riding for fun or competition. You'll see how to mount and dismount; ride in Western or English style; cue your horse to walk, jog or trot, and lope or canter; make the leap to jumping; and even enjoy fun and games with your horse. Find the best stable and instructor Select riding gear Ride in the ring and on trails Improve your balance and timing Compete in horse shows

Buy and take care of a horse

Audrey Pavia is an award-winning writer of numerous books and articles on equine subjects.

Shannon Sand is a medal-winning equestrian who worked as an assistant trainer to the U.S. Olympic equestrian team.

My daughter really enjoyed this book - lots of information for the horse lover!

This isn't a very good book to help anyone to ride. I was really disappointed. There are much better riding books and videos out there. I had bought this for my students to read. Not going to use.

Lots of good knowledge shared in an enjoyable way!

This is great for a beginning rider or to brush up on general info if you've been away from the sport in a while. There are great photos to accompany the easy to follow text, and the author knows what she's talking about. I like how it covers both Western and English riding and even includes horse "etiquette" sections. Great book overall!

Had what I was looking for great book

very happy with book

I found this to be an excellent source of information - very easy to read and understand

I love the "for Dummies" books, they break it down to the basics. This one doesn't disappoint. I've been a western horsewoman my entire life, teach horsemanship and recommend books to students. This one is on the recommended reading list now.

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